

# Sunnybrook Creche

## Cuddly Toddler Room Daily Program

	Scheduled Time	Activities Scheduled	Skills Enhanced
7:00	Indoor active playroom (All ages)	<p><i>Free play</i></p> <p><u>Gross motor activities</u></p> <ul style="list-style-type: none"> <li>• Climber &amp; slide</li> <li>• Ball &amp; bikes, tunnels</li> <li>• Push toys</li> </ul> <p><u>Fine motor</u></p> <ul style="list-style-type: none"> <li>• Puzzles, lego, magna doodle, lacing/sorting</li> </ul> <p><u>Arts &amp; Crafts</u></p> <ul style="list-style-type: none"> <li>• Crayons, paper, chalk and chalk board</li> </ul>	<ul style="list-style-type: none"> <li>• Active play</li> <li>• Balancing coordination</li> <li>• Group co-operation</li> <li>• Eye-hand coordination</li> <li>• fine motor skills</li> <li>• Creativity</li> <li>• Self expression</li> </ul>
8:30	Cuddly Toddler Room  Free play Arts and Crafts	<p><u>Free play:</u></p> <ul style="list-style-type: none"> <li>• Carpet toys and shelf toys/animals farm</li> <li>• Dramatic play, small cars and trucks with garages, little people and doll house</li> </ul>	<ul style="list-style-type: none"> <li>• Social interactions</li> <li>• Group interactions</li> <li>• Turn taking skills</li> <li>• Language development</li> </ul>

		<u>Arts and Crafts</u> <b>Scheduled craft OFFERED DAILY</b> <ul style="list-style-type: none"> <li>• Crayons and paper</li> <li>• Easel painting</li> <li>• Chalk/ chalk board</li> <li>• Scissors and paper</li> <li>• Gluing</li> <li>• Painting/small large brushes</li> <li>• sponges</li> </ul>	<ul style="list-style-type: none"> <li>• Creativity</li> <li>• Problem solving skills</li> <li>• Group interaction</li> <li>• Social and emotional development</li> </ul>
9:00	AM snack	<ul style="list-style-type: none"> <li>• See menu posted</li> </ul>	<ul style="list-style-type: none"> <li>• Language development</li> <li>• Self help skills</li> <li>• Turn taking</li> </ul>
9:30	Arts and crafts continued  Fine motor and sensory activity	<u>Offered daily</u> <ul style="list-style-type: none"> <li>• Puzzles, lego, self help boards, blocks, shape sorters</li> <li>• Scheduled fine motor activity</li> </ul> <u>Sensory</u> <ul style="list-style-type: none"> <li>• Scheduled activity on program</li> </ul> <u>Offered Daily</u> Play dough, sand, water	<ul style="list-style-type: none"> <li>• Eye hand coordination</li> <li>• Problem solving skills</li> <li>• Social development</li> <li>• Turn taking</li> <li>• Language development</li> <li>• Social individual development</li> </ul>
10:00	Outdoor play ENRICHMENT	<u>Tuesday:</u> <ul style="list-style-type: none"> <li>• Library day</li> </ul>	<ul style="list-style-type: none"> <li>• Cognitive</li> </ul>

	PROGRAMS in small groups	<p><i>Thursday:</i></p> <ul style="list-style-type: none"> <li>• Intergenerational program</li> <li>• French program</li> </ul> <p><i>Outdoor play</i></p> <ul style="list-style-type: none"> <li>• Climber, sandbox and sand toys</li> <li>• Bubbles</li> <li>• Push toys, large cars</li> <li>• Books</li> <li>• Musical instruments</li> </ul>	<p>development</p> <ul style="list-style-type: none"> <li>• Appreciation for books</li> <li>• Concentration skills</li> </ul> <ul style="list-style-type: none"> <li>• Appreciation for our elders</li> <li>• Socialization community development</li> <li>• Language development</li> </ul> <ul style="list-style-type: none"> <li>• Large and gross motor</li> <li>• Fine motor</li> <li>• Social and emotional development</li> </ul>
11:00	Group time	<ul style="list-style-type: none"> <li>• Songs</li> <li>• Finger plays, puppets felt board stories, special scheduled activity as per program</li> </ul>	<ul style="list-style-type: none"> <li>• Social skills</li> <li>• Language development</li> <li>• Group cooperation</li> <li>• Cognitive development</li> </ul>
11:30	Lunch time	<ul style="list-style-type: none"> <li>• See lunch menu</li> </ul>	<ul style="list-style-type: none"> <li>• Social skills</li> <li>• Turn taking</li> <li>• Trying new</li> </ul>

			foods
12:00	Quiet time/ Nap time	<ul style="list-style-type: none"> <li>• Books, sleep toys as children settle</li> <li>• Sleep time environment setup in room</li> <li>• Light turned out</li> <li>• Soft music and night light kept on</li> </ul>	<ul style="list-style-type: none"> <li>• Self control</li> <li>• Emotional development</li> <li>• Independence</li> </ul>
12:30 - 2:30	Nap time/ quiet activities/ Indoor active room	<ul style="list-style-type: none"> <li>• Children that awake are given books and quiet activities or go to indoor active play room</li> </ul>	<ul style="list-style-type: none"> <li>• Quiet time</li> <li>• Respect for individual needs</li> <li>• Self help skills</li> </ul>
2:30	Snack time	<ul style="list-style-type: none"> <li>• See menu posted</li> </ul>	<ul style="list-style-type: none"> <li>• Social development</li> <li>• Self help</li> <li>• Turn taking</li> </ul>
3:00	Free play manipulative toys	<p><u>Free play:</u></p> <ul style="list-style-type: none"> <li>• Including dramatic play, fine motor cognitive</li> </ul> <p>Manipulative toys, legos, magnets, nuts and bolts, shape sorters are placed on tables</p>	<ul style="list-style-type: none"> <li>• Fine motor skills</li> <li>• Creativity</li> <li>• Fine motor</li> <li>• Self expression</li> </ul>
4:00	Outdoor play	<ul style="list-style-type: none"> <li>• Water play in the summer</li> <li>• Sand play</li> <li>• Cars and trucks</li> </ul>	<ul style="list-style-type: none"> <li>• Social development</li> <li>• Gross motor</li> <li>• Sensory</li> </ul>

		<ul style="list-style-type: none"> <li>• Bubbles</li> <li>• Chalk drawing</li> <li>• Push toys</li> <li>• Climber</li> <li>• Stories</li> <li>• Musical instrument on blanket</li> <li>• Hula-hoops</li> </ul>	<ul style="list-style-type: none"> <li>• Language development</li> <li>• Cognitive development</li> </ul>
5:30	<p>Indoor playtime (depending on weather)</p> <p>Free play</p>	<ul style="list-style-type: none"> <li>• Shelf toys</li> <li>• Quiet activities such as books and manipulative toys</li> </ul>	<ul style="list-style-type: none"> <li>• Individual play</li> <li>• Quiet time</li> <li>• Fine motor skills</li> <li>• Language</li> </ul>
6:00	Home time		