

Jr. Preschool Classroom Schedule

Time	Experience/Activity	The Preschoolers will Learn
7-7:30	Free play in the Indoor Active Room (large gross motor room).	A variety of activities are offered that provide social interaction, co-operation and turn-taking skills – i.e. using the climber to improve gross motor skills, using the climber to build a train, encouraging imagination and pretend play, or playing with small lego blocks to build on fine motor skills.
7:30-8:45	Free play in the Jr. Preschool Room with different activities set up on the tables – ex. water color painting, gluing activities, water play, playdough, pasta play, stringing beads, zipping, lacing, and buttoning boards, magnet puzzles, bingo games, shape boxes, etc.	These fine motor activities promote hand-eye co-ordination. Sensory activities help with tactile exploration. Creative activities increase imagination and creative thinking. Finally, cognitive activities enhance problem solving skills.
8:45-9:15	Morning snack, washing hands.	Independence and self-help skills are encouraged through actions like serving themselves, scraping food into the garbage, and putting dishes in the sink.
9:15-9:30	Clean up and washroom routing (pull-ups and toilet training)	Children are encouraged to use toilets and sinks for hand-washing
9:30-10:30	Outdoor play for group 1 – dress up in the locker area.	Self-help skills and independence are promoted through learning how to flip (putting their jackets, shoes, hats, etc. on)
	Programming learning activities for group 2 (circle time). Provides opportunities for group discussions about different holidays, families, foods, etc. Includes an introduction to alphabet, numbers, colors and shapes. Also involves show and tell every Wednesday.	Circle time promotes language skills, turn taking, social interaction and helps build self-esteem.
10:30-11:30	Outdoor play for group 2 .	
	Programming learning activities for group 1 .	
11:30-12:30	Handwashing, lunch time, and	Independence and self-help skills are encouraged

	washroom routine.	(serving food, scraping food, placing dishes in the sink, etc.)
12:30-2:30	Rest time.	Preschoolers sleep on cots while teachers help them go to sleep by rubbing their backs. Soft music and quiet activities are provided for children who do not nap (ex. books, coloring, etc.).
2:30-3:00	Hand-washing and afternoon snack.	
3:00-3:45	Activities such as music and movement stories, felt board, puppets, reading our favorite books (letting children finish familiar sentences), telling stories, music instruments and singing songs.	These activities promote self-expression, enhance language skills, teaches rhythm and improves memory recall.
3:45-4:00	Dressing up in locker area.	
4:00-5:30	Outdoor play (balls, hoola hoops, scheduled activities for outside, follow the teacher, "Simon Says", cars and garage, balance beam, etc.)	Outdoor play gives opportunities to practice balancing skills and coordination, and lets the children participate in group games that teaches them co-operation and teamwork.
600	Closing	